

'MY SCARIES ENCOUNTER'

He's the world famous medium who's become the go-to psychic for some of Hollywood's biggest names like Oprah, but that doesn't stop *Crossing Over's* John Edward from being scared. With John about to tour Australia, *that's life!* sat down for an exclusive chat and discovered the haunted house encounter that still fills him with dread..

Q You were 15 when a psychic said you had special abilities. What was your reaction at the time?

A When I had the reading that put me on my path, I thought the woman was crazy. I didn't even have any interest in the subject, whatsoever. In fact, I was a cynic – the biggest! My dad was a military guy and this was not something that he was a fan of, so I adopted his manner towards it. I was the one heckling and pulling

apart the readings that I'd see at my grandma's house.

Q You've said that you started as a psychic as opposed to a medium – when did you start talking to spirits?

A That part kicked in two years later. I was around 17 and I had a very vivid premonition about my uncle passing – he was only 52. I remember trying to stop it happening and I couldn't, which was my first experience of realising that I can't stop what I know is going to happen. Right before he passed, I started to get many names during readings and I gradually realised that these names belonged to people who were all dead. I didn't understand what was happening, but it was like a switch had been flicked on.

Q Does everyone have these abilities to some extent?

A I think every single person is psychic. Every single person has intuition they should honour and work with. It's kind of like cooking – anyone can cook, but some people are really good at it and then some people are chef-standard!

me, 'You should pay attention to what Olivia's saying'. As for my son, he's really psychic. He can do readings already, which is not really something I'm encouraging. I want both of them to grow up respecting energy and utilising it, but not with a mind to it being a career, unless it's something that they're meant to do.

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Q You have kids and you've said they've inherited psychic skills – how did you discover that?

A My daughter Olivia has the ability to see auras and I'm embarrassed to say that I wasn't the one who realised she could do it, my son was! She would see different colours over people's faces and ask me things like, 'Daddy, why does that man have blue all over his face?' One day my son said to

Q Have you ever had an experience that left you spooked?

A In my 30 years of doing this, I've only had one experience where I truly believe a house was haunted. In 1987, my cousin moved from the city to the same suburb as me. The first time I went to his new house, I arrived needing the bathroom and my cousin told me to use one down-stairs as



John and his wife Sandra



John with Kim and Kourtney Kardashian





World-famous psychic,
John Edward

there was construction going on elsewhere. I went into the room and literally had performance anxiety – I couldn't pee! I felt like I had four people watching me, all of whom wanted me to leave. I left and asked my cousin, 'Are you gonna have this place blessed?' That was just the beginning. Weird stuff started to happen in the house – noises at night, glass breaking, things

moving. During my last visit, I was alone and I remember sitting down near the fireplace and looking at a battery-operated musical clown ornament. I picked it up and saw that there were no batteries in it. Anyway, seconds after putting it down, the clown started to play music. I ran out of there and told my cousin I wouldn't be coming back! ●

Think YOUR home is HAUNTED?

Follow John's five-step guide to discover whether you've got an otherworldly guest – and what to do if so...

snapshot of a stranger's conversation. Often it's the same with supposed hauntings.

BE LOGICAL

Firstly, 95 per cent of the time someone is having an experience, they're reading too much into it. Be logical and don't immediately leap to a supernatural conclusion.



DON'T DABBLE

Don't try to make contact via things like ouija boards. I'm not a fan of anything that opens a

door you're not in control of. Ouija boards invite things in – and they aren't always positive. There are lower level

FELLOW OCCUPANTS

If there's some strange activity going on, my first question is always whether there's a teen girl in the house. Hormonal changes in young women can alter the energy and may manifest into things that make house seem haunted – lights blinking, electronic devices not working and general weirdness. Anyone can change the energy in their environment, so it's worth looking at how people in the house are feeling and if this correlates to any disturbances.

energies that would like to play on people's fears and that's one of the reasons I tell people not to dabble with the supernatural.

TAKE ACTION

Most disturbances can be alleviated by simply asking whatever it is to leave. I'm also a big advocate for 'smudging', which is basically burning sage. It really cleans out a house – kind of like dusting away energy cobwebs. Get some sage, light it and – while it's burning – take it to the lowest part of the house and work your way upwards. Go into every corner of every room and ask for only the most positive and purest energy to remain.



POSSIBILITIES

Activity in a house could be a sign that a spirit is attempting to make its presence known. However, it could also be a 'crossover' moment to another dimension that exists in the same space. Think of it like telephone lines being crossed, where you'll get a brief

John Edward on Oprah's TV show



Win! See John Edward live

John Edward is touring Australia in November and that's life! is offering one lucky winner a double pass to the John Edward show of their choice from the dates below, a meet-and-greet with the star himself plus membership to Evolve – John's online interactive community. 10 runners-up will receive double passes to one of John's shows. Shows are Sydney on November 8, Perth on November 10, Adelaide on November 12, Melbourne on November 13 or Brisbane on November 14. To enter, simply tell us in 25 words or less why you want to see John Edward live. Send your answer to tl.lifestyle@pacificmags.com.au along with your full name, telephone number, postal address and preferred location. Make sure you write JOHN EDWARD in the subject line. Entries close at 11:59pm AEDT on November 5, 2015. More tour dates and tickets can be found at johnedward.net

TERMS AND CONDITIONS: Visit www.thatslife.com.au/terms for full terms and conditions. This is a game of skill and chance plays no part in determining the winners. Competition opens on 29/10/15 at 00.01 AEDT and closes on 5/11/15 at 23.59 AEDT. Winners judged at Promoter's premises on 6/11/15 from 10:00 AEDT. Winners notified by email and/or phone and published in *that's life!* on sale 26/11/15. Total prize value up to \$1925. Travel and accommodation do not form part of the prize. The Promoter is Pacific Magazines Pty Ltd, Media City, 8 Central Avenue, Eveleigh, NSW 2015 (ABN 16 097 410 896).