

CELEBRITY ESCAPE



Model on the move

Supermodel **Coco Rocha** likes an easy, low-key holiday, but a first-time Icelandic adventure could be on the horizon

MOTHER, muse, supermodel and designer, Coco Rocha wears many hats.

Kicking off her career at the age of 15 after being discovered by a model scout during an Irish dance competition in her home town of Vancouver, the talented beauty has made a name internationally thanks to her striking features and towering frame.

She has walked the runways of Paris, Milan and New York fashion weeks, fronted ad campaigns for Chanel and YSL and has graced the cover of *Vogue* magazine the world over.

A decade into her career and Coco is now a fashion-

world veteran, whose talents have long since transcended the runway, with the model recently wrapping production for reality TV show *The Face*, alongside Naomi Campbell, in addition to a clothing line collaboration with Disney inspired by the upcoming live-action *Cinderella* movie.

The globetrotting Canadian is currently on our shores as a guest at the recent Mercedes-Benz Fashion Festival Sydney.

When I travel for work

I take my whole family with me. Being a model can be a very lonely occupation, you're always travelling to a new city and working with a new team.

My husband has helped me to manage my career for the past five years and we've nearly always travelled together. Now that we have a six-month-old baby, we are the "three amigos" everywhere we go! And I really wouldn't want it any other way.

When I travel for pleasure

I usually pick a vacation that will be as low key and as easy as possible. I travel so much for work and it's very often to some extreme destination, such as the mountains of Argentina or Prague in the dead of winter. When I travel for fun I just want the easiest and laziest trip possible.

My travel inspiration comes from

Instagram! Lately I've found myself searching for images that are tagged in Iceland. I've never been there but I feel like a trip is definitely on the horizon.

Where I go to unwind

My home in the countryside. I have a house about an hour from New York City. It's close enough to commute but far enough away to have peace and quiet and to be surrounded by nature, which I love. For me, spending time there is a real escape from my hectic



work life and I always feel relaxed after a night spent at home.

Most memorable meal while travelling

Was while I was on safari in Kenya. Every night the guides would cook the most amazing food and bread over an open flame under the stars.

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COOL CUSTOMER: Canadian Coco Rocha hopes to visit Iceland (main) soon; and the model at Pier One for Mercedes-Benz Fashion Festival Sydney. Pictures: Thinkstock, Dylan Robinson

in-flight TV doesn't work, which far too often it doesn't.

How I get through a long-haul flight

Pre-motherhood, I would watch every movie I wanted to see in order of preference. However, now that I have a young baby, I'm just focused on keeping her happy and trying to make sure that the other passengers on the plane aren't bothered by her crying too much!

How I deal with jet lag

I start to acclimatise myself to the new time zone even before I fly. If I'm on the plane and it's night-time wherever I'm going, I close my eyes and try to sleep. It doesn't always work, but it's important to try. Sometimes you can travel around the world and jet lag is not an issue and sometimes you can travel just one time zone and your whole world is thrown off. There are so many factors and often there isn't much you can do, unfortunately.

The holiday souvenir I always buy

I stopped buying souvenirs a long, long time ago. If I didn't my whole house would be full of little trinkets!

My travel philosophy

Pack light and try not to overly plan. If you schedule and arrange every hour of the day then you leave no room for adventure.

Interview by Paul Ewart.

Coco's Instagram travelogue



A flashback to the time I was in LA covering the Oscars for CNN.



Exploring Morocco with my trusty tour guide, Mike the camel, during a trip last summer.



So excited to be shooting back in my home town of Vancouver.



Loving a winter break in the Bahamas sunshine.

Where I go to play

The Greek Islands. There are so many and they are so diverse. My favourite thing to do is rent a 4X4 and go off-road exploring.

My essential carry-on item

An iPad. I have to have my own entertainment on hand, just in case the

'When I travel for fun I just want the easiest and laziest trip possible'



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